

A clinical analysis of cases seen in Kidscare, Lunga lunga, Kwale County.

An observational study on homeopathic treatment

Introduction:

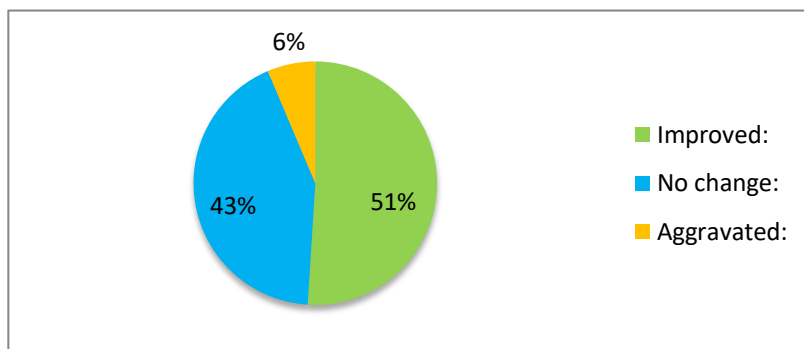
Kidscare is a private charity run by a Dutch Foundation. It offers a supportive environment including treatments like physical therapy for children with quite serious physical and mental challenges. Many children come from very poor families and the government offers very little support for these children. Therefore, Kidscare offers a valuable support to many parents struggling with bringing up these children. It is not easy always to get a clear diagnosis of what these children are suffering from, but it is clear that many fall under the category of cerebral palsy, which can often be attributable to birth trauma or some other serious injury soon after birth. In other cases, it seems that some children seemed to suddenly degenerate after one or two years of age. Some children cannot walk or talk at all, while others are more able to at least walk to some extent. Very few have any real talking ability. Many however are very active and show amazing capacities in coping. However, for quite a number, serious convulsions are a common occurrence which can have a profound impact on brain function and therefore, physical and mental ability.

Over a two year period from late 2017 to 2019, the 4kenya clinical team visited the Kidscare facility and treated the children there. Visits were held approximately every two months. The same children were encouraged to come back for follow up visits given that the chronic nature of their conditions required ongoing supervision. One cannot expect to see any significant change in most of these children in less than six months. Therefore, the return visits were crucial. Not so many children were seen as a result, as we wanted to ensure we could see the same children at the follow up visits. The following data relates to the work done at the Kidscare facility, with a measurement of improvement evaluated using the Visual Analogue Score (VAS) for individual symptoms and the Karnofsky score for general wellbeing evaluation.

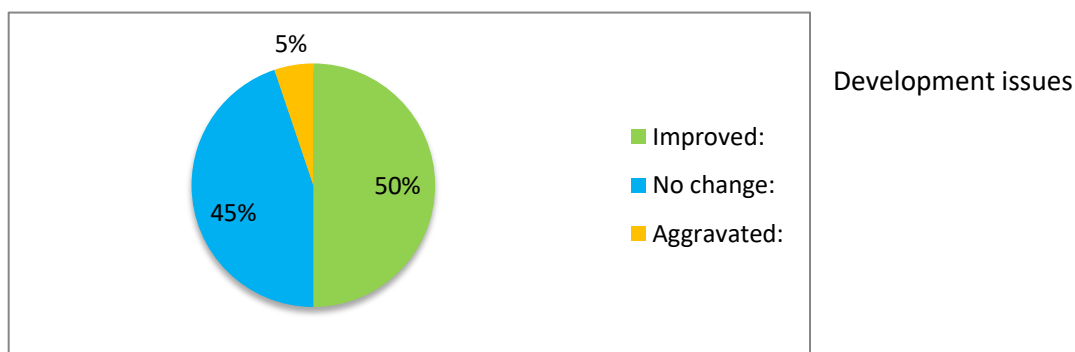
The following analysis was made based on the following figures:

Total patients	57		
Gender		Age Group	
Male:	37	Under 10:	48
Female:	20	10 to 19:	9

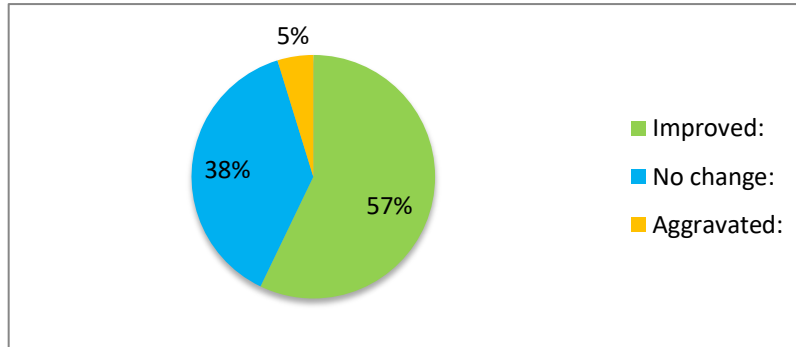
Overall evaluation of improvement using Karnofsky scoring:



The term development issues is used as a general term for the challenges faced by these children. These are analysed as a whole and then broken down into more precise areas of pathology.

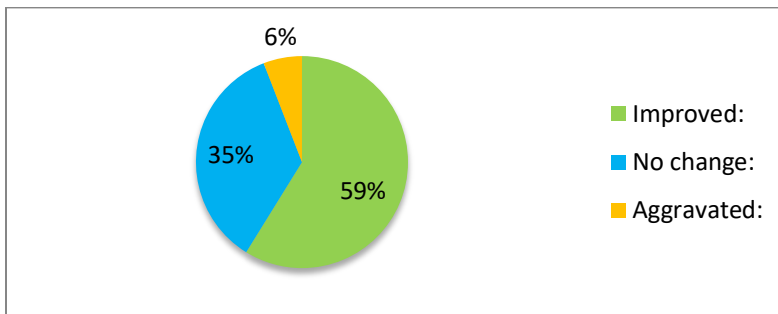


Many of these children suffered from serious convulsions, at times many episodes in a day and which would have been having a serious impact on their development and lives. The following chart shows the level of improvement seen in the convulsions of children seen at Kidsicare.



Neurological conditions
(convulsions)

The analysis using the Visual Analogue Score (VAS) on the improvement of more specific symptoms and not just in convulsions and development issues are as follows:



The following list of symptoms were seen and categorized for the children at Kidscare:

Symptom
ailments from fright
appetite,loss of,diminished
biting oneself
Convulsions
delayed development
delayed talking
delayed walking
Development delays
drooling
Gums inflamed
paralysis general
Retraction testicles
skin eruptions
somnambulism
Stiffness Hand
stool hard
Weakness limbs

Conclusions:

From this small but interesting study where 57 children were followed over a two-year period, it can be concluded that a significant number of them improved on the treatments given. In particular the focus on treating serious convulsions as a necessary first step to helping a child develop was productive and showed, that even in the most difficult circumstances, improvement can be seen when homeopathic remedies are used well. Five main remedies were used in the treatment of convulsions: **Baryta carbonica, Bufo, Calcarea carbonica, Cuprum and Oenanthe crocata**. In the treatment of more general developmental delays the following remedies were used: **Baryta carbonica, Calcarea carbonica, Calcarea phosphorica, Phosphorus and Silicea**. Many other remedies can be used to treat certain conditions but the ones mentioned were strongly indicated in many cases. Our observational analysis showed that not only in certain convulsions was improvement seen but also in overall strength, mental capacity and in general ability to function.