

GUIDANCE NOTE ON FOOD FORTIFICATION IN DEVELOPMENT COOPERATION



Agriculture



Food industry



Nutritious diets

The Guidance Note on Food Fortification provides a rationale for food fortification measures in the EU development cooperation, and offers suggestions on how such measures can be integrated into sectorial programmes.



FOOD FORTIFICATION IS A COST-EFFECTIVE SOLUTION TO REDUCE THE RISKS OF MICRONUTRIENT MALNUTRITION FOR ALL, INCLUDING THE MOST VULNERABLE

Micronutrients are essential in supporting a child's optimal growth and mental development

Micronutrients increase our resistance to all forms of disease, particularly infectious disease

The economic impact in LMICs is estimated to be a loss of between 2 and 5 percent of the GDP annually



Food fortification can help to make nutritious foods more available and affordable, particularly in times of crisis



Food fortification boosts people's health and productivity, and supports local economic development



Every EUR1 invested in food fortification returns between EUR9 and EUR23

FOOD FORTIFICATION: AN EFFECTIVE STRATEGY TO ADDRESS HIDDEN HUNGER AND SUPPORT LOCAL DEVELOPMENT



Nutrient-enriched crops



Industrial fortification



Point-of-use fortification

- ▶ Increasing access to fortified foods in countries with a high burden of malnutrition will contribute to achieving several of the Sustainable Development Goals
- ▶ Food fortification programmes contribute to improved dietary diversity and diet quality
- ▶ Supporting local producers of fortified food not only improves nutritional status, but also creates jobs and boosts local economies
- ▶ Empowering women producers of local fortified foods supports the gender equity agenda
- ▶ Food fortification offers opportunities to engage with the private sector on development objectives
- ▶ There is huge potential to scale up current investments made by the EU in food fortification projects globally

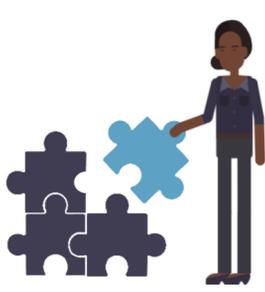
INTEGRATING FOOD FORTIFICATION INTO SECTORIAL SUPPORT

Food fortification is a solid investment which supports EU priorities, strengthens the resilience of vulnerable populations, and contributes to sustainable development. Other European donors who are supporting food fortification include the Government of the Netherlands, the German Cooperation and Irish Aid. UN agencies have been instrumental in scaling up food fortification globally. Potential partners include: FAO, WFP, UNICEF and WHO.

Partner with agricultural institutions



Engage with the private sector



Include fortified foods in social protection programmes



Support governments to monitor and enforce fortification standards



ASK FOR SUPPORT

Contact the DEVCO C1 Nutrition Team by writing to EuropeAid-C1-NUTRITION@ec.europa.eu, with Fadoi.CHAOUKI@ec.europa.eu in copy. Technical support is available from the EU's Food Fortification Advisory Service (2FAS). Visit www.2fas.org

