

CATFARM

ECOsystems Trainings Course
regenerating our relationship
with the earth

09th - 17th April



ECO
systems





CATFARM COMMUNITY



Meow, Catfarm Education is our association supported by an intentional community located in the outskirts of the medieval village of Poussan in the Herault department, in Southern France. We opened the doors of our association 7 years ago, although the Catfarm existed already before this.

Catfarm community is the container of our projects. It is a welcoming off-grid international community of creatives and nomads with the energy to explore an alternative lifestyle closer to nature and demonstrate self-sufficient living while finding ways to ethically work together. In the past three years, we have entered a highway to an intentional community and have walked into obstacles that have asked us for a creative solution within the boundaries of the place.



About the Project

The Polycrisis has conquered every aspect of life. As times are darkening, hope rests in those who want to heal relationships with life. Those stewards of life carry on with the possibility of a way to live as a part of this earth that is not destroying her. Joanna Macy defines three stories of our time, of which the first one is “business as usual, everything is fine.” The second one is “we are doomed, and we can't do anything about it.” And there is a third one that is “things look bad, and there is still hope.” These stories are embedded in how we act as a part of this world and how we act as a part of the different ecosystems we are part of.

Within this training, funded by the EUROPEAN UNION, we will focus on practices and workshops like permaculture, exploring health-sustaining cycles in our ecosystems, planetary healing through individual and communal well-being and connection, and exploring the power of multigenerational and cross-cultural knowledge by using and combining the wisdom of our own culture and communities. We will explore how we can collaborate on regenerating earth and our communities.



About the Training

09th - 17th of April

Learning Outcomes of this training are:

- Hands-on knowledge of how to regenerate our ecosystems
- tools to discover yourself in community
- basic knowledge about regenerative cultures
- community building
- formation of a movement that can create a more regenerative mainstream

Key Principles

- Use and Value Diversity. Throughout this course we will weave a web of community between all member and celebrate our differences. We try to co-create together with the participants a safer world for everyone
- Make connection First: Through Connection between the members we create the foundation on which a more regenerative culture can rest -> healthy social relationships
- Cultivate Hope - in these challenging times hope remains something we actively need to cultivate if we want to leave our paralysis.



Participation

The training will involve 8 participants from each country. If you want to apply, connect with one of the partner organisations from the country you apply from.

Greece - Hopeland

Italy - New wellness education

Belgium - Gaia Education

Spain - Back to the roots

France - Catfarm

If you have already experience in Youth Work, are interested in regenerative cultures, speak english, and are curious to help regenerate the earth together, APPLY NOW!



More information

Travel:

Participants must be in contact with the Partner organisations and Catfarm Education to ensure they have the necessary paperwork to travel to France, and that travel is legal. If restrictions mean that travel is not possible the participant must inform **Barish (barish@catfarm.net)** as soon as the cancellation is confirmed.

Food:

We will provide 3 vegan meals and 2 coffee breaks during each project day. You will be fully accommodated through the Erasmus+ program budget. If you have any allergy or special diet, please explain it in the participants signup form.

Cultural Night:

During the Training, various cultural activities will be held every night. Please bring something you would like to share with us from your country that is in your opinion valuable for a more regenerative culture (food, games, stories)

Youthpass Certificate:

Each participant will receive their Youthpass certificate at the end of the project. Youthpass is a tool to document and recognise learning outcomes from youth work and solidarity activities. It is available for projects funded by Erasmus+: Youth in Action and European Solidarity Corps Programmes.



Travel cost reimbursement

The Training is funded through the Erasmus+ program. This means that accommodation, food, materials, program activities, and travel costs

(up to the amount indicated below) are fully covered.

The reimbursement for travel per country is:

Spain - up to 275 euro

Greece - up to 275 euro

Italy - up to 275 euro

Belgium - up to 275 euro

France - up to 180

In order to receive reimbursement, please keep all original documents of

transportation (invoices, tickets, boarding passes, etc.)

Your trip must start from your home country

Please DO NOT buy your tickets without having prior confirmation from

the coordinator

You need to attend to all the activities of the course to get the refund

<https://catfarm.net/reimbursement/>



Traveling to Poussan

One option:

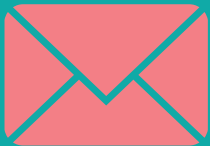
1. Take a Flixbus to Montpellier, Sabine (takes 5 hours)
2. Take a tram from Montpellier, Sabines to St. Jean de Védas Centre (takes 11 minutes)
3. Take a bus from St. Jean de Védas Centre to Poussan (bus number 603) (takes 30 minutes)

Second option:

1. Flight to Marseille or Barcelona
2. Take a local bus from Marseille Airport to Marseille (center bus station St Charles)(takes 30 minutes)
3. Take a Flixbus to Montpellier, Sabines (takes 5 hours)
4. Take a tram from Montpellier, Sabines to St. Jean de Védas Centre (number 2) (takes 11 minutes)
5. Take a bus from St. Jean de Védas Centre to Poussan (number 603) (takes 30 minutes)

For us its very important to keep the ecological footprints of our projects as little as possible. If you choose to fly we invite you to reflect on alternative possibilities, including to compensate the earth (maybe with a few freshly planted and cared for trees?)





Training@Catfarm.net
BARISH@CATFARM.NET
DARA@CATFARM.NET

FILL IN THIS FORM TO SIGNUP:

https://docs.google.com/forms/u/1/d/18NTiC-Ohx19sV5DIFP6umKKh3gMxkEHFEnT_kYbNfGQ/edit?usp=drivesdk



ECO
systems

